



Yeast culture promotes production of aged laying hens by upregulating intestinal digestive enzyme activities and intestinal health-related genes

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1 **Title Page**

2 Yeast Culture on Production of Hens

3 **Yeast culture promotes production of aged laying hens by upregulating intestinal digestive**
4 **enzyme activities and intestinal health-related genes**

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17

18 **ABSTRACT** Yeast culture (YC) plays positive roles in improving the performance of laying
19 hens. The purpose of the present study was designed to explore the underlying mechanism in this
20 regard. Sixty 67-week-old Hy-Line Brown aged laying hens were randomly allocated into 2
21 experimental groups with 5 replicates of 6 birds each, which were fed a control diet and control
22 diet supplemented with YC at 3.0 g/kg for 8 weeks. The results showed that dietary
23 supplementation of YC increased ($P < 0.05$) egg-laying rate by 13.0-13.5% but decreased ($P <$
24 0.05) feed/egg ratio by 9.3-11.0% during the weeks 5-6 and 7-8 compared with the control.
25 However, egg quality including eggshell strength, eggshell thickness, albumen height, egg yolk
26 color, and Haugh unit were not affected ($P > 0.05$) by YC supplementation. Furthermore, dietary
27 YC supplementation increased ($P < 0.05$) the chymotrypsin and α -amylase activities by
28 54.8-62.5% in the duodenal chime and reduced ($P < 0.05$) plasma endotoxin by 44.1%.
29 Moreover, dietary supplementation of YC upregulated ($P < 0.05$) mRNA expression of intestinal
30 barrier-related genes (occludin and claudin1) and antimicrobial peptides genes (β -defensin 1 and
31 7 and cathelicidin 1 and 3) in the duodenum or jejunum compared with the control. In conclusion,
32 dietary YC supplementation improved the performance of aged laying hens, potentially through
33 the upregulation of the intestinal digestive enzyme activities and intestinal health-related genes
34 expression.

35 **Key words:** yeast culture, aged laying hen, performance, egg quality, intestinal health

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INTRODUCTION

38 The main common problems facing the poultry industry in older laying hens are the
39 decrease in the performance and egg quality (Bar et al., 1999). Increasing the number of broken
40 eggs in aged laying hens accounted for 7.5%, which leads to great economic losses (Roland et al.,
41 1988). Therefore, poultry producers were constantly pursuing the improvement in laying
42 performance and extension of the laying period.

43 Yeast culture (YC) is a natural fermentation product of yeast including a variety of
44 biologically active substances, such as yeast cell, vitamins, peptides, amino acids, proteins,
45 peptides, organic acids, and oligosaccharides (Jensena et al., 2008). YC has shown positive
46 effects in improving the performance of monogastric and ruminant animals in previous studies
47 (Bontempo et al., 2006; Desnoyers et al., 2009; Wohlt et al., 1991). However, few studies have
48 focused on the effects of YC on the performance of laying hens. A previous study reported that
49 yeast autolysate supplied to laying hens increased egg production, egg weight, and improved
50 feed efficiency (Yalcin et al., 2010). These findings are consistent with our previous large-scale
51 production study with 20,400 laying hens, which showed that dietary supplementation of YC
52 increased the performance of aged laying hens (Li et al., 2016). However, the mechanism behind
53 the positive effects of YC on laying hens' performance was unclear.

54 Numerous studies showed that YC affected intestinal mucosal morphology and ileal villus
55 development of broilers (Santin et al., 2001; Zhang et al., 2005). These studies provided
56 evidence that YC displayed positive influences on the intestinal health of chickens. In general,
57 the small intestine is the largest section of the digestive tract, where the digestion and absorption
58 of nutrients take place. Improvement in the intestinal health of chicken is conducive to maintain

59 birds' performance (Forte et al., 2018). Intestinal barrier function and digestive capacity play key
60 roles in the intestinal health (Katherine et al., 2009). In general, intestinal permeability related
61 genes including tight junction protein, i.e., occludin (*OCLN*), claudin (*CLDN*), and zonula
62 occludens (*ZO*) (Shin et al., 2018) and antimicrobial peptides, i.e., avian β -defensins (*AvBDD1-14*)
63 (Lynn et al., 2007) and cathelicidins (*CAHT1-3*, *BI*) (Achanta et al., 2012) play important roles
64 in the intestinal barrier function. As well as, digestive capacity related enzymes including
65 amylase, chymotrypsin and lipase play pivotal roles in feed digestion. However, it is still unclear
66 whether YC improved the performance of laying hens through regulating these genes. Therefore,
67 we selected aged laying hens to determine whether dietary supplementation of YC could
68 alleviate the reduction in performance and egg quality; and YC improved performance of aged
69 laying hens through regulating these intestinal barrier function and digestive capacity genes.

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MATERIALS AND METHODS

Birds, Treatment, Growth Performance, and Sample collection

73 The Institutional Animal Care and Use Committee of Huazhong Agricultural University,
74 China, supervised and approved the experimental protocol of this study. In total, sixty
75 67-week-old Hy-Line Brown aged laying hens were randomly divided into 2 groups with 5
76 replicates of 6 birds each. The control group received a basal diet (**BD**, Table 1) with nutrients
77 met the recommendations given by the National Research Council (NRC, 1994). The dietary
78 treatment group was prepared by supplementing the same BD with 3.0 g/kg YC (1.8×10^{18} cfu/kg
79 *Saccharomyces cerevisiae* and 55% crude protein; Beijing Enhelor Biotechnology Co. Ltd.). All
80 birds were allowed free access the mash diets and distilled water ad libitum for 8 weeks. Egg

81 weight, feed intake, and mortality of birds were recorded daily (Zhao et al., 2018). Feed/egg ratio
82 and egg production rate were calculated biweekly. Interior egg quality and eggshell quality were
83 measured from the eggs laid on the last day of the fourth and eighth weeks. At the end of the
84 feeding trial, 10 hens (2 birds/cage) from each group were slaughtered to collect blood samples,
85 duodenum, jejunum, and the chyme from duodenum and jejunum. The intestinal and chyme
86 samples were divided into aliquots, snap-frozen in liquid nitrogen, and stored at -80°C until
87 further analysis.

88 ***Plasma biochemical and chyme digestive enzyme activity analysis***

89 The plasma samples were prepared by centrifuge the collected blood samples at $1000\times g$ at
90 4°C for 10 min (Sun et al., 2016). The concentrations of immunoglobulin (Ig) A, G, and M and
91 endotoxin in plasma were measured with ELISA kits (A40199-S, A04022-S, A02721-S,
92 A049165-S; Shanghai Jining Shiye Co. Ltd., Shanghai, China) according to the manufacturer's
93 instructions. The activities of α -amylase, lipase, and chymotrypsin of chyme in the duodenum
94 and jejunum were determined by a colorimetric method using specific assay kits (C016-1,
95 A054-1, A080-1) from the Nanjing Jiancheng Bioengineering Institute of China.

96 ***Real-time q-PCR analyses***

97 Total RNA was isolated from the duodenum and jejunum (20 mg tissue) of 10 hens from
98 each group. The RNA sample preparation, q-PCR procedure, and relative RNA abundance
99 qualification were conducted as previously described (Luo et al., 2019; Zhao et al., 2019).
100 Primers for the intestinal barrier-related genes, including *OCN*, *CLDN1*, and *ZO-1*;
101 antimicrobial peptides genes, including *AvBD1*, 4, and 7 and *CAHT1* and 3; and the reference
102 gene β -actin were designed using Primer Express 3.0 (Applied Biosystems) and are presented in

103 the **Supplemental Table 1**. The 2^{-ddCt} method was used for the quantification with β -actin as a
104 reference gene, and the relative abundance was normalized to the control group.

105 *Statistical analysis*

106 Statistical analysis was performed by SPSS Statistics 20 (SPSS Inc., IBM, USA). Data are
107 presented as mean \pm standard deviation (SD). Dietary effects were determined by one-way
108 ANOVA with a significance level of $P < 0.05$, and the Tukey-Kramer method was used for
109 multiple mean comparisons.

110

111 **RESULTS**

112 *Laying performance and egg quality*

113 Laying performance results are presented in **Table 2**. Non-significant differences ($P > 0.05$)
114 in the initial egg production rate were observed among the two groups (data not shown).

115 Although dietary YC supplementation did not affect ($P > 0.05$) the egg weight, feed/egg ratio,
116 and laying rate during weeks 1-2 and 3-4 and feed intake throughout the whole experimental
117 period, it increased ($P < 0.05$) egg-laying rate (13.0-13.5%) but decreased ($P < 0.05$) feed/egg
118 ratio (9.3-11.0%) during weeks 5-6 and 7-8. Egg quality results are presented in **Table 3**.

119 However, the eggshell strength, eggshell thickness, albumen height, egg yolk color, and Haugh
120 unit were not affected ($P > 0.05$) by dietary YC supplementation at week 4 and 8.

121 *Plasma biochemistry and chyme digestive enzyme activity*

122 Plasma biochemistry results are presented in **Table 4**. After 8 weeks of experimental
123 treatment, dietary supplementation of YC decreased ($P < 0.05$) plasma endotoxin by 44.1%
124 compared with the control. However, the concentrations of plasma immunoglobulins, including

125 IgA, IgG, and IgM were not affected ($P > 0.05$) by YC supplementation. Chyme digestive
126 enzyme activity results are presented in **Table 5**. Although dietary YC supplementation did not
127 affect ($P > 0.05$) the α -amylase and chymotrypsin in the jejunum and lipase in both duodenum
128 and jejunum, it increased ($P < 0.05$) activities of α -amylase and chymotrypsin in the duodenum
129 by 54.8% and 62.5%, respectively, compared with the control.

130 ***Expression of the intestinal barrier-related and antimicrobial peptides genes***

131 The mRNA levels of the pertaining genes results are presented in **Figure 1**. In the
132 duodenum, compared with the control, dietary supplementation of YC enhanced ($P < 0.05$)
133 mRNA abundance of 2 intestinal barrier-related genes (*OCLN* and *CLDNI*) and 3 antimicrobial
134 peptides genes (*AvBD1*, *CATH1*, and *CATH3*) at week 8 (**Figure 1A**). In the jejunum, the effect
135 of dietary YC supplementation on the intestinal barrier-related and antimicrobial peptides genes
136 was limited, as it only increased ($P < 0.05$) mRNA abundance of antimicrobial peptides gene
137 *AvBD7* compared with the control (**Figure 1B**).

138 139 **DISCUSSION**

140 Dietary supplementation of 0.3% YC was shown to improve the performance of aged laying
141 hens in the current study. Although dietary YC supplementation did not affect feed intake, egg
142 weight, feed/egg ratio, and egg-laying rate during weeks 1-4, it reduced feed/egg ratio and
143 increased egg-laying rate during weeks 5-8. These outcomes were similar with previous studies,
144 which revealed that supplementation of YC for 1-4 weeks is necessary to detect positive effects
145 on the performance of livestock and poultry (Mathew et al., 1998; Lesmeister et al., 2004; Gao et
146 al., 2008). However, in the present study, egg quality including eggshell strength, eggshell

147 thickness, albumen height, egg yolk color, and Haugh unit were not affected by the dietary YC
148 supplementation, which is consistent with a previous study (Yalcin et al., 2008).

149 Activities of intestinal digestive enzymes such as lipase, chymotrypsin and α -amylase play
150 pivotal roles in nutrients digestion and have been described as valuable parameters of feed
151 utilization efficiency and performance of domestic animals (Yi et al., 2013). Interestingly,
152 dietary supplementation of YC significantly increased the activities of chymotrypsin and
153 α -amylase in duodenal chyme. These results indicated that YC supplementation could improve
154 the digestibility of protein and starch of the feed, which explain the improvement in feed
155 conversion efficiency because of YC supplementation. These outcomes were consistent with
156 previous studies, which provided evidence that dietary supplementation of YC can improve the
157 nutrients digestibility in dairy cow, sheep, and lamb (Chademana et al., 1990; Haddad and
158 Goussous, 2005; Dias et al., 2017).

159 Enhancement of the intestinal health and immune function by YC has been recognized as
160 the pivotal factors for the improvement of the performance of domestic animals (Gao et al., 2008;
161 Shen et al., 2009; Lee et al., 2018). Endotoxin is a component of the cell wall of gram-negative
162 bacteria and released by the lysis of cells, with toxic properties to the host causing severe
163 intestinal damage (Hutcheson et al., 1990). Plasma endotoxin concentration has been well
164 documented as a valuable parameter of the intestinal permeability and health (Liu et al., 2018).
165 Dietary YC supplementation sharply reduced plasma endotoxin in laying hens in the current
166 study, which revealed that YC improved the intestinal barrier function. Interestingly, *OCN* and
167 *CLDN1* coding tight junction proteins that play pivotal roles in maintaining the intestinal barrier
168 function (Pinton et al., 2009; Zhao et al., 2011) were upregulated by YC in the duodenum, which

169 might explain the lower plasma endotoxin observed in the YC treated laying hens. Meanwhile,
170 *AvBD1* and *AvBD7* coding β -defense peptides that exhibit stronger activity against
171 gram-negative strains (Derache et al., 2009) and *CATH1* and *CATH3* coding antimicrobial
172 peptides with the capability of killing a broad range of gram-negative and gram-positive bacteria
173 (Xiao et al., 2006) were upregulated by dietary YC supplementation. Upregulation of these
174 β -defense and antimicrobial peptide genes in the duodenum and jejunum of laying hens treated
175 by YC could attribute to the improvement in the intestinal immune function. However,
176 inconsistent with the previous study (Fathi et al., 2012), dietary YC supplementation did not
177 affect the plasma IgA, IgG, and IgM. This discrepancy may be due to the differences in the
178 domestic animal species, age, and yeast varieties (Zhang et al., 2018; Gao et al., 2008).

179 In summary, the present study successfully confirmed that dietary supplementation of 0.3%
180 YC could be adopted to improve the performance of aged laying hens. Furthermore, the positive
181 effects of YC on the performance of laying hens were associated with the enhancement of the
182 intestinal digestive enzymes activities and intestinal health. Moreover, the improvement in the
183 intestinal health by dietary YC supplementation was related to the upregulation of intestinal
184 barrier-related genes and antimicrobial peptides genes. Overall, these findings provide a potential
185 explanation of the mechanisms of the positive effects of YC on laying hens, thus will be
186 beneficial for the nutritional management of aged laying hens.

187

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CONFLICT OF INTEREST

194 All authors have read and approved the final manuscript, and declared that no competing

195 interests exist.

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310

311 **Table 1.** Composition and nutrient content of basal diet

312

Ingredients	Contents (%)
Corn	53.5
Soybean meal	23.5
Wheat Bran	6.5
Soybean oil	5.0
Limestone	8.5
Salt	0.3
DL-methionine	0.11
Dicalcium phosphate	1.59
Premix ¹	1.0
Total	100
Nutrient levels ²	
Metabolizable energy MJ·kg ⁻¹	14.59
Crude protein	15.2
Calcium	3.42
Total phosphorus	0.62
Available phosphorus	0.39
Lysine	0.91
Methionine	0.42

313 ¹ Contained the following per kilogram of diet: vitamin A, 12,000 IU; vitamin D₃, 4000 IU; vitamin E, 35 IU; vitamin K, 5 mg;314 thiamine, 2 mg; riboflavin, 8 mg; vitamin B₆, 5 mg; vitamin B₁₂, 50 µg; D-biotin, 200 µg; pantothenic acid, 15 mg; nicotinic acid,315 50 mg; choline, 500 mg; folic acid, 1.5 mg; Mn, (MnSO₄, H₂O), 120 mg; Zn (ZnO), 80 mg; Fe (FeSO₄, H₂O), 120 mg; Cu316 (CuSO₄ ·5H₂O), 15 mg; I (KI), 1 mg and Se (Na₂SeO₃), 0.3 mg.317 ²Detected value

318

319 **Table 2.** Effects of dietary YC supplementation on laying performance of laying hens

	Weeks 1-2		Weeks 3-4		Weeks 5-6		Weeks 7-8	
	Control	YC	Control	YC	Control	YC	Control	YC
Feed intake, g	98.2±3.9	95.6±4.4	115.2±4.3	115.0±7.2	118.6±4.5	119.8±6.8	124.7±2.6	126.6±2.7
Egg weight, g	59.8±2.7	60.0±1.2	62.4±2.4	60.2±5.6	63.6±4.5	63.1±1.9	64.0±3.3	63.6±2.1
Feed/egg ratio, g/g	2.49±0.25	2.48±0.50	2.71±0.37	2.52±0.31	2.81±0.07 ^a	2.50±0.12 ^b	2.91±0.11 ^a	2.64±0.15 ^b
Egg-laying rate, %	66.7±7.7	66.7±15.6	69.3±10.6	75.9±6.2	66.9±5.6 ^a	75.9±2.0 ^b	66.9±4.4 ^a	75.6±5.4 ^b

320 ^{a,b}Means within a row with different superscripts differ significantly ($P < 0.05$).321 ¹Results are reported as the mean ± SD; YC = yeast culture.

322

323

324 **Table 3.** Effects of dietary YC supplementation on egg quality¹

	Week 4		Week 8	
	Control	YC	Control	YC
Eggshell strength, N	28.9±5.6	32.1±4.1	30.8±5.1	31.2±4.5
Eggshell thickness, mm	0.353±0.022	0.349±0.036	0.351±0.029	0.372±0.031
Albumen height, mm	8.42±0.78	8.68±0.88	8.76±1.07	8.94±0.87
Egg yolk color	6.05±0.82	6.01±0.57	6.02±0.91	5.83±0.64
Haugh unit	91.3±3.7	92.7±5.4	92.1±5.4	94.0±4.2

325 ^{a,b}Means within a row with different superscripts differ significantly ($P < 0.05$).326 ¹Results are reported as the mean ± SD; YC = yeast culture.

327

328 **Table 4.** Effects of YC supplied in diets on concentration of immunoglobulin and endotoxin in
 329 plasma¹

	Control	YC
IgM, µg/mL	327.5±134.9	318.3±97.1
IgA, µg/mL	184.9±74.0	174.1±37.7
IgG, µg/mL	1192.8±443.5	1149.1±405.5
Endotoxin, µg/mL	53.6±5.5 ^a	29.9±10.6 ^b

330 ^{a,b}Means within a row with different superscripts differ significantly ($P < 0.05$).

331 ¹Results are reported as the mean ± SD; YC = yeast culture.

332

333 **Table 5.** Effects of dietary YC supplementation on activities of digestive enzymes in chyme
 334 from duodenum and jejunum of aged laying hens¹

	Chyme in duodenum		Chyme in jejunum	
	Control	YC	Control	YC
Lipase, U/mgprot	44.3 ± 21.8	39.0 ± 16.8	101.3 ± 45.6	101.5 ± 86.7
Chymotrypsin, U/mgprot	1.04 ± 0.42 ^b	1.61 ± 0.21 ^a	4.71 ± 2.12	4.01 ± 1.06
α-amylase, U/mgprot	0.24 ± 0.06 ^b	0.39 ± 0.07 ^a	0.58 ± 0.23	0.56 ± 0.17

335 ^{a,b}Means within a row with different superscripts differ significantly ($P < 0.05$).

336 ¹Results are reported as the mean ± SD; YC = yeast culture.

337

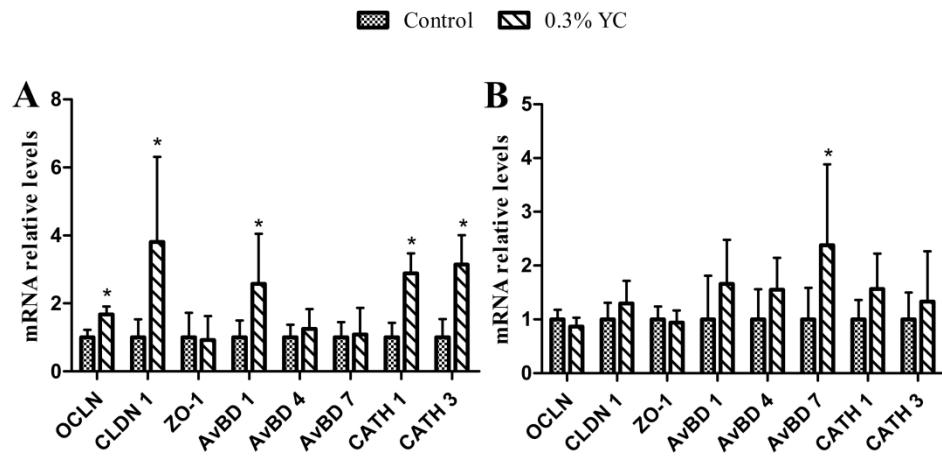
338

339 **Figure legend**

340

341 **Figure 1.** Effect of dietary YC supplementation on mRNA abundances of intestinal
342 barrier-related genes and antimicrobial peptides genes relative to the control (set at 1.0) in the
343 duodenum (A) and jejunum (B) of hens. Values are means \pm SD, n = 8. Means with * are
344 different from the control, $P < 0.05$. YC = yeast culture.

For Peer Review



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